

A History of Nutrition Education

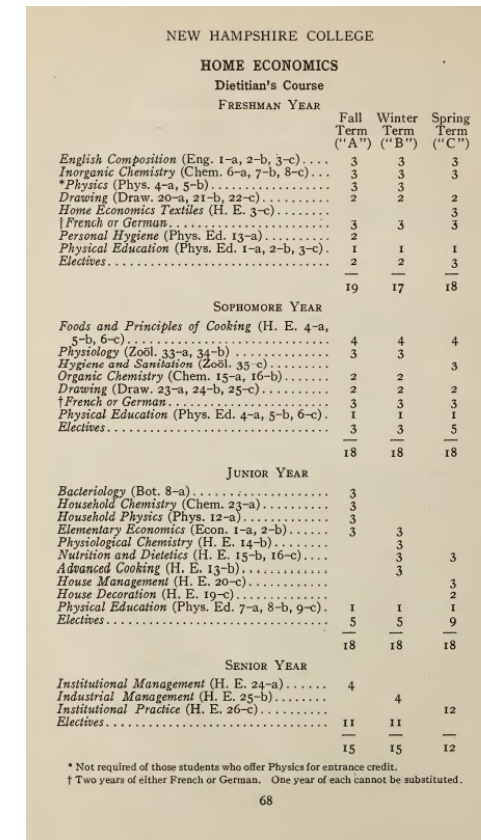
1891

Lucy Swallow, from Hollis NH, requests to enroll in a chemistry course and is admitted as the first women student at NH College of Agriculture and Mechanic Arts.



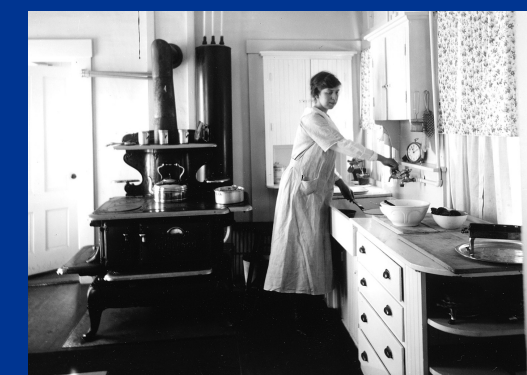
1902

The NH College Monthly posts an essay emphasizing the need for studies in the Domestic Sciences. Sarah Pettee urges her father Dean Charles Pettee to establish a Domestic Science program for women students.



1918

The first teaching kitchen at the college opens in Craft Cottage with cooking done on a wood stove.



1919

Dietetics is added as a formal track within the Home Economics Department.



1922

Janice Marjorie Leonard (Worcester MA) and Nathalie Emerson Marshall (Henniker NH) become the first at UNH to earn a degree in Dietetics.

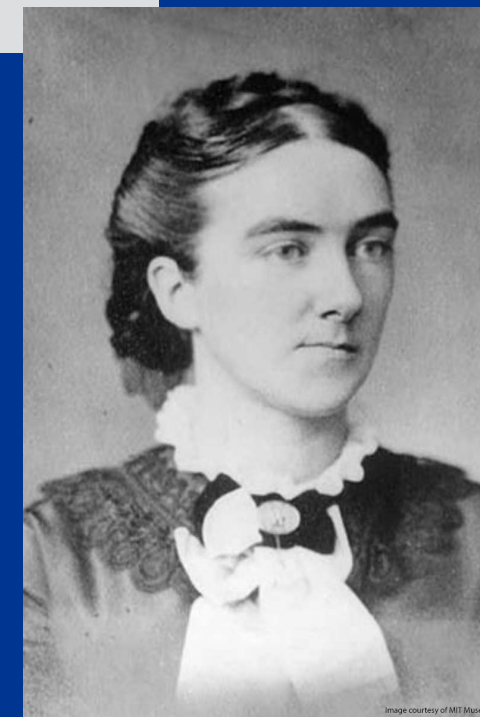
1926

American Dietetic Association requires all members to receive a four-year degree plus six months of hospital training. Only medicine and dietetics require a four-year college degree at the time.

1900

1893

Ellen Swallow Richards (Lucy Swallow's aunt) teaches the first course at the NH College of Agriculture and Mechanic Arts to integrate fields of chemistry, management, nutrition, and economics. The first female MIT graduate, Richards is credited as the national founder of the fields of home economics and nutrition.



Department of Home Economics is formed, and within a short time, 2/3 of all women students at UNH are enrolled in this program.

1913



1917

Supervisor of Dietetics Program for 30+ years, Helen Fitch McLaughlin is hired as Home Demonstration agent. After her retirement in 1953, McLaughlin Hall is named for her.



1920

US Government establishes professional regulations for dietitians and paves pathway to earn military status.

1920

Home economics student Elizabeth Virgil, from Portsmouth NH, is the first black graduate from UNH. Unable to find work in the northeast, her teaching career is spent in the segregated south.

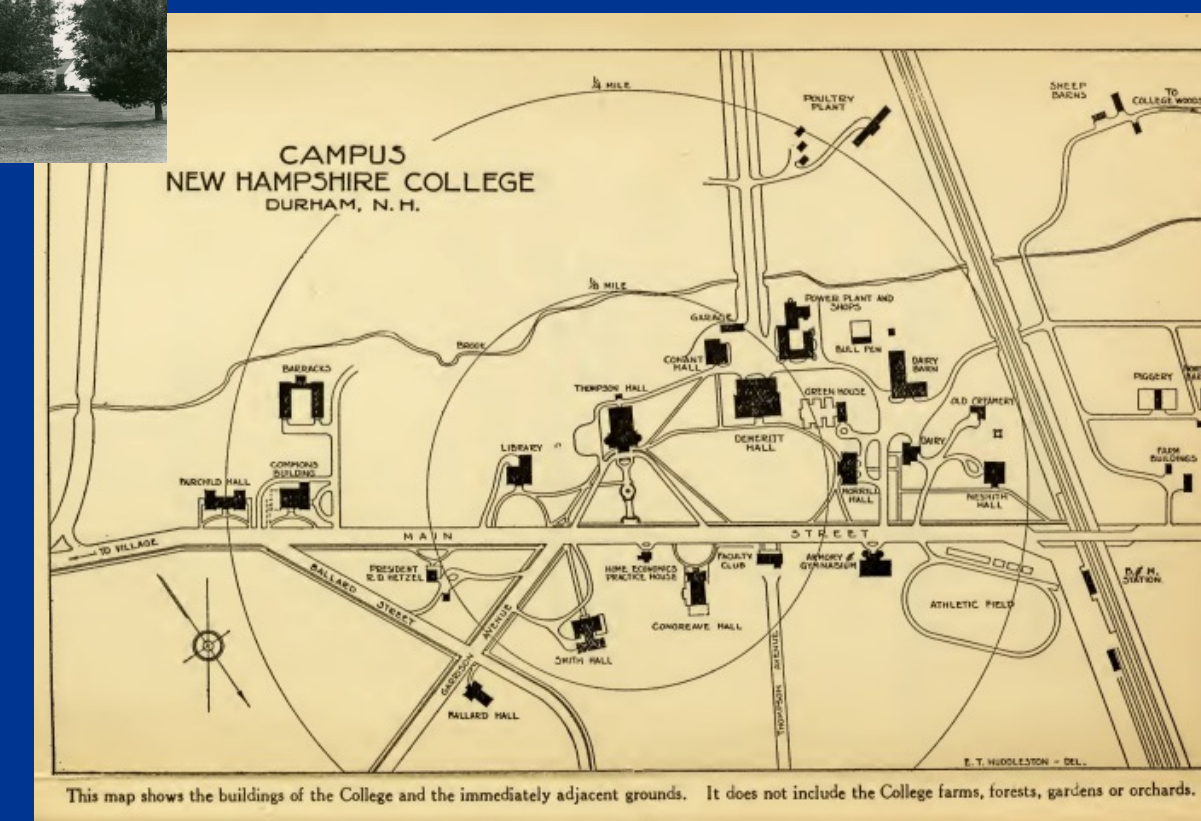


1926

1940

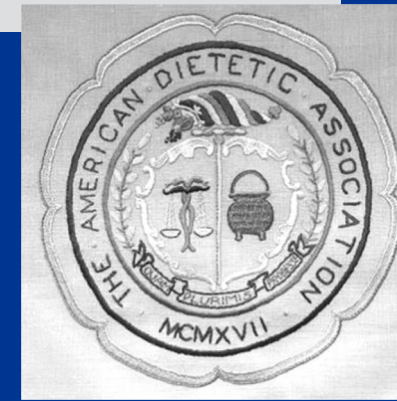
1923

New Hampshire College of Agriculture and Mechanic Arts is renamed the University of New Hampshire.



1969

The registered dietitian (RD) credential is first granted to members of the American Dietetic Association.



1960

1970

The first general education course in nutrition was taught by Prof Samuel Smith. First titled *Animal Crackers*, the course would change its name multiple times. Smith's popular *Food & People* was taught throughout the 1980's and 1990's before it too was updated to the current offering: *Nutrition in Health and Well Being*.



1970

Kendall Hall opens as a new, cutting-edge facility with modern equipment such as ultracentrifuge, electron microscope, amino acid analyzer, and gas chromatography, as well as laboratories and classrooms for the Department of Animal Sciences.



1983

The Nutrition major is established and joins the Department of Animal Sciences.

1980

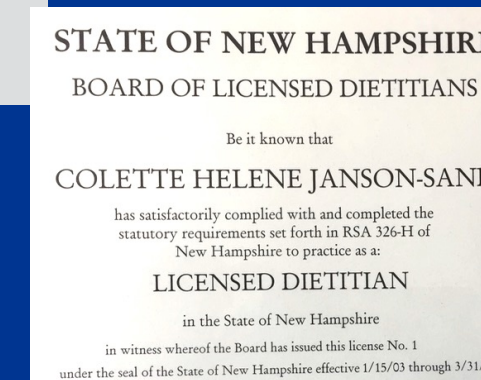
The dietetic internship is approved and gains full accreditation status in 1994. The post-baccalaureate program offers a pathway to become a registered dietitian.

1991

2000

The state of NH first issues licensure to registered dietitians. In recognition of her dedication to the profession, UNH Dietetics Director Colette Janson-Sand is issued license #1.

2003



1994

The dietetic technician program is initiated. Housed in the Thompson School of Applied Sciences, the two-year associate's degree remains active until 2016.

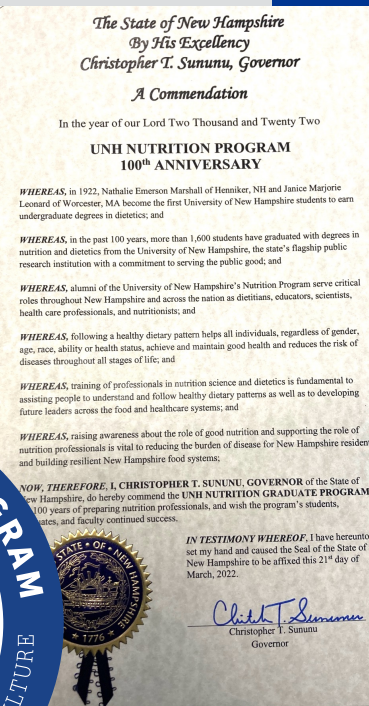
2010

A Wellness Option is added to the B.S. in Nutrition, providing students 3 curricular tracks along with Dietetics and Nutritional Sciences Options.

2017

Nutrition Program joins the Department of Agriculture, Nutrition, and Food Systems.

2022



2019

The Culinary Nutrition & Food Studies minor is launched, integrating food skills preparation with appreciation of the food environment as it applies to human health.



2018

The Clinical Simulation Lab with high-fidelity mannequin is opened, providing students a safe environment for hands-on learning experiences.



2018

Graduate offerings in Nutrition expand to include 4+1 bachelors plus masters, masters with dietetic internship, and certificate in dietetics.

2020

at the **University of New Hampshire**

