

# UNH Child Study and Development Center

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**Site overview:** The Child Study and Development Center (CSDC) is a child care center on the UNH campus that works with the Department of Human Development and Family Studies. The center is a laboratory school that many UNH students utilize to study child development and behavior. Observation booths in each classroom provide the opportunity to observe children in their natural habitat. The program focuses on children learning best when provided with rich experiences and encourage collaboration and follows a emergent and responsive curriculum approach. There are approximately 60 children at the site aging from infant (3 months) to kindergarten (6 years). Tuition costs varies on full or half days, and program specificity such as the nursery or kindergarten.

**What does a NUTR 600 Field Experience student do at this site?**

- Prepare recipes and snack items to be prepared each day while being sensitive to a wide variety of allergies and intolerances
- Advocate health education and promotion through preparing a monthly nutrition newsletter
- Adhere to protocols for food preparation in accordance with New Hampshire school accreditation rules
- Encourage tasks and responsibilities to children during supervised food demonstrations
- Create weekly snack menus while incorporating items from their garden when in season (fall only)

**Tips from a previous NUTR 600 Field Experience Student:**

- Make use of your time and plan projects that will help fulfil the hour requirement of site visits (can drive or take UNH bus)
- Ensure nutrition advice is accurate and understandable because you are the only source of nutrition information in the center
- Communicate with teachers and students and spend time with the children to gather feedback and advice and help prevent waste
- Be cautious of allergies and following sanitary rules
- Be creative with recipes and substitutions so that every snack can be served to all of the children and be excited about working with the children.