



NUTRITION

 University of New Hampshire

**PROGRAM
COORDINATOR:**

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Program Overview

At UNH, students have three options for pursuing a bachelor's degree in nutrition: Dietetics, Nutrition and Wellness, and Nutritional Sciences. The Dietetics curriculum is nationally accredited and students apply for a post-graduation dietetic internship and ultimately become a registered dietitian (RD) upon completion. The Nutrition and Wellness option prepares students for employment in a variety of health promotion fields in schools, fitness centers, nonprofit organizations, and community agencies, as well as post-graduate professional programs such as nursing and physician's assistant. The Nutritional Sciences option prepares students for entry into professional schools of medicine, dentistry, and technically-oriented jobs in science.

Student Involvement

- Nourish UNH
- Eating Concerns Mentors
- Student Nutrition Association
- Field Experience in Nutrition
- UNH in Italy

Internships and Research

- Seacoast Eat Local
- New Hampshire Foodbank
- Mathematica Policy Research
- American Diabetes Association's Camp Carefree
- College Health and Nutrition Assessment Survey
- USDA Food and Nutrition Service Internship
- Center for Disease Control & Prevention

Employment Areas

- Clinical Nutrition
- Community and Public Health Nutrition
- Food and Nutrition Management
- Federal Government
- Consulting and Private Practice
- Education and Research
- Food Safety
- Wellness Promotion

Where alumni are working

- Nutrition in Motion, LLC
- Catholic Medical Center
- Boston Children's Hospital
- Biogen
- Elliot Hospital
- Feed Texas
- Sodexo Healthcare Services
- Community Action, Inc.

Job Title Examples

- Registered Dietitian
- Nutritionist
- Nutrition Educator
- Wellness Coach
- Health and Nutrition Consultant
- Clinical Nutrition Specialist
- Research Scientist

Further Education

- Massachusetts College of Pharmacy and Health Sciences
- University of New England
- Boston University
- Tufts University School of Dental Medicine
- Case Western Reserve University
- New York Institute of Technology

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